

Menu Calendar Report - September, 2023

Generated on: 8/28/2023 7:31:45 AM by Leonard Apodaca

Site: ALL
 Meal Type: Breakfast
 Site Group: Elementary School
 Menu Line: Traditional Breakfast

This institution is an equal opportunity provider.

Mon	Tue	Wed	Thu	Fri
	28 Aug	29 Aug	30 Aug	31 Aug
Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Honey Cheerios Cereal (44.00 g) Yogurt Parfait-Blueberry (62.70 g) 100% Fruit Juice Box (15.00 g) Blueberries (9.43 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g) Homemade Breakfast Cheese Toast (30.11 g) Served With: - Homemade Salsa (1.11 g) Orange Wedges (15.00 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Cinnamon Chex Cereal (46.00 g) Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Green Chili Cheese Tamales (24.00 g) 100% Fruit Juice Box (15.00 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g) Honey Cheerios Cereal (44.00 g) Pancakes and Chicken Sausage (31.01 g) Pancakes and Scrambled Eggs (30.00 g) Cantaloupe (5.10 g) Orange Wedges (15.00 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Strawberry Yogurt Parfait (63.30 g) Fresh Plum (11.42 g) Strawberries (9.81 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)
	4 Sep	5 Sep	6 Sep	7 Sep
	Grab n Go Breakfast Bag Banana Loaf (74.00 g) Honey Cheerios Cereal (44.00 g) Scrambled Eggs Served With: - Buttered Toast (30.11 g) - Homemade Cinnamon Toast (33.83 g) Orange Wedges (15.00 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Bagel with Plain Cream Cheese (27.00 g) Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag-Chex Cereal (75.00 g) 100% Fruit Juice Box (15.00 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Breakfast Burrito (56.07 g) Served With: - Homemade Salsa (1.11 g) Cinnamon Chex Cereal (46.00 g) Grab n Go Breakfast Bag Banana Loaf (74.00 g) Cantaloupe (5.10 g) Orange Wedges (15.00 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Grab n Go Breakfast Bag-Chex Cereal (75.00 g) Honey Cheerios Cereal (44.00 g) Yogurt Parfait-Blueberry (62.70 g) Blueberries (9.43 g) Fresh Plum (11.42 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)
	11 Sep	12 Sep	13 Sep	14 Sep
Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag-Chex Cereal (75.00 g) Strawberry Yogurt Parfait (63.30 g) 100% Fruit Juice Box (15.00 g) Strawberries (9.81 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Cinnamon Chex Cereal (46.00 g) Grab n Go Breakfast Bag Banana Loaf (74.00 g) Scrambled Eggs Served With: - Fresh Baked Cinnamon Roll (65.06 g) Orange Wedges (15.00 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Biscuits and Deeply Rooted Vegetarian Gravy (31.31 g) Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag-Chex Cereal (75.00 g) 100% Fruit Juice Box (15.00 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Breakfast Pizza (18.99 g) Cinnamon Chex Cereal (46.00 g) Grab n Go Breakfast Bag Banana Loaf (74.00 g) Cantaloupe (5.10 g) Orange Wedges (15.00 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)	Grab n Go Breakfast Bag Banana Loaf (74.00 g) Honey Cheerios Cereal (44.00 g) Peach Yogurt Parfait (67.30 g) Fresh Plum (11.42 g) Sliced Peaches (14.01 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g)
	18 Sep	19 Sep	20 Sep	21 Sep
Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Strawberry Yogurt Parfait (63.30 g) 100% Fruit Juice Box (15.00 g)	Blueberry Chex (46.00 g) Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g) Homemade Baked French Toast (43.73 g) Served With: - Syrup (21.30 g) Orange Wedges (15.00 g) Watermelon (16.63 g)	Chicken Sausage and Cheese Biscuit Sandwich (30.06 g) Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Honey Cheerios Cereal (44.00 g) 100% Fruit Juice Box (15.00 g)	Breakfast Quesadilla (30.84 g) Cinnamon Toast Crunch Cereal (44.00 g) Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g) Cantaloupe (5.10 g) Orange Wedges (15.00 g)	Blueberry Chex (46.00 g) Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g) Peach Yogurt Parfait (67.30 g) Fresh Plum (11.42 g) Sliced Peaches (14.01 g)

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25 Sep		26 Sep		27 Sep		28 Sep		29 Sep	
Strawberries (9.81 g)	1 % White Milk (13.00 g)	Grapefruit Wedges (12.09 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)
1 % White Milk (13.00 g)	Fat Free White Milk (13.00 g)	1 % White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)
Fat Free White Milk (13.00 g)		Fat Free White Milk (13.00 g)		Fat Free White Milk (13.00 g)		Homemade Salsa (1.11 g)			
Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)	Cinnamon Toast Crunch Cereal (44.00 g)	Cinnamon Chex Cereal (46.00 g)	Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g)	Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)	Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g)	Honey Cheerios Cereal (44.00 g)	Cinnamon Toast Crunch Cereal (44.00 g)	Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)	Cinnamon Toast Crunch Cereal (44.00 g)
Honey Cheerios Cereal (44.00 g)	Grab n Go Breakfast Bag Pumpkin Loaf (73.00 g)	Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)	Homemade Breakfast Cheese Toast (30.11 g)	Green Chili Cheese Tamales (24.00 g)	Honey Cheerios Cereal (44.00 g)	Pancakes and Chicken Sausage (31.01 g)	Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)	Strawberry Yogurt Parfait (63.30 g)	Grab n Go Breakfast Bag Cinnamon Toast Crunch Cereal (73.00 g)
Yogurt Parfait-Blueberry (62.70 g)	Homemade Breakfast Cheese Toast (30.11 g)	Green Chili Cheese Tamales (24.00 g)	Served With: - Homemade Salsa (1.11 g)	100% Fruit Juice Box (15.00 g)	Pancakes and Chicken Sausage (31.01 g)	Pancakes and Scrambled Eggs (30.00 g)	Strawberry Yogurt Parfait (63.30 g)	Fresh Plum (11.42 g)	Yogurt Parfait-Blueberry (62.70 g)
100% Fruit Juice Box (15.00 g)	Orange Wedges (15.00 g)	100% Fruit Juice Box (15.00 g)	Orange Wedges (15.00 g)	Grapefruit Wedges (12.09 g)	Pancakes and Scrambled Eggs (30.00 g)	Cantaloupe (5.10 g)	Strawberries (9.81 g)	Strawberries (9.81 g)	100% Fruit Juice Box (15.00 g)
Blueberries (9.43 g)	Watermelon (16.63 g)	Grapefruit Wedges (12.09 g)	Watermelon (16.63 g)	1 % White Milk (13.00 g)	Orange Wedges (15.00 g)	Orange Wedges (15.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	Blueberries (9.43 g)
1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	Fat Free White Milk (13.00 g)	1 % White Milk (13.00 g)	1 % White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	1 % White Milk (13.00 g)
Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)	Fat Free White Milk (13.00 g)

Carbohydrate values in grams follow the Menu Item name

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	6 Sep	7 Sep	8 Sep	
	Black Jack Cheese Pizza (Gr 6-12) (44.00 g) Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g) Crispy Chicken Salad (Gr 6-12) (30.48 g) Crispy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Peanut Butter & Jelly Sandwich (68.52 g) Baby Carrots (6.00 g) Cucumber Coins (2.71 g) Spiced Green Beans (15.80 g) Cantaloupe (5.10 g) Fresh Plum (11.42 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g) Parmesan Cheese	Buffalo Chicken Salad (Gr 6-12) (15.36 g) Served With: - Biscuit (28.04 g) Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Country Chicken Bowl (HS) (40.50 g) Served With: - Biscuit (28.04 g) Country Chicken Bowl (K-Gr8) (30.36 g) Served With: - Biscuit (28.04 g) Grilled Cheese Sandwich (34.05 g) Yogurt Basket with Cinnamon Pita Crisps (42.88 g) Baby Carrots (6.00 g) Cherry Tomatoes (4.20 g) Honeydew Melon (16.91 g) Red Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	All Beef Hot Dog (29.00 g) Served With: - Individual Ketchup Packet (2.50 g) - Individual Mustard Packet Black Jack Cheese Pizza (Gr 6-12) (44.00 g) Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g) Chili Dog (Gr 6-12) (35.12 g) Garden Chili (24.38 g) Served With: - Fresh Baked Cornbread (41.36 g) Spicy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Yogurt Basket with Fresh Baked Zucchini Muffin (57.51 g) Baby Carrots (6.00 g) Seasoned Fries (21.74 g) Zucchini Sticks (1.00 g) Served With: - Ranch Dressing (2.34 g) Grapefruit Wedges (12.09 g) Green Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Broccoli & Cheese Baby Baked Potatoes (29.28 g) Served With: - Biscuit (28.04 g) Grilled Cheese Sandwich (34.05 g) Nashville Hot Boneless Wings (Gr 9-12) (21.75 g) Served With: - Biscuit (28.04 g) Pulled BBQ Pork Sandwich (36.62 g) Spicy Grilled Cheese Sandwich (Gr 6-12) (33.52 g) Baby Carrots (6.00 g) Served With: - Ranch Dressing (2.34 g) Broccoli (6.95 g) Served With: - Ranch Dressing (2.34 g) Calabacitas Con Elote (10.02 g) Blueberries (9.43 g) Cantaloupe (5.10 g) Fresh Plum (11.42 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)
11 Sep	12 Sep	13 Sep	14 Sep	15 Sep
Bean & Cheese Burrito (53.74 g) Served With: - DPS Green Chili Sauce (7.28 g) - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) - Taco Fixings (1.39 g)	'Bonzo Butter & Jelly Sandwich (Peanut Free) (65.54 g) Black Jack Cheese Pizza (Gr 6-12) (44.00 g) Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g)	'Bonzo Butter & Jelly Sandwich (Peanut Free) (65.54 g) Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet	Black Bean Burger (66.43 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Black Jack Cheese Pizza (Gr 6-12) (44.00 g)	Cuban Sandwich (Gr 6-12) (62.93 g) Grilled Cheese Sandwich (34.05 g) Nashville Hot Boneless Wings (Gr 9-12) (21.75 g) Served With: - Biscuit (28.04 g) Orange Chicken (18.22 g) Served With: - Stir-Fried Rice (Gr 9-12) (57.55 g) - Stir-Fried Rice (Gr PK-8) (39.90 g)

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Beef & Cheese Burrito (44.19 g) Served With: - DPS Green Chili Sauce (7.28 g) - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) - Taco Fixings (1.39 g) Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Green Chili Cheese Fries (Gr 6-12) (38.65 g) Served With: - Fresh Baked Cornbread (41.36 g) - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) Yogurt Basket with Cinnamon Pita Crisps (42.88 g) Baby Carrots (6.00 g) Calabacitas Con Elote (10.02 g) Sweet Pepper Strips (3.83 g) Green Grapes (18.95 g) Honeydew Melon (16.91 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Cheesy Bread Stick w/ Marinara (Gr 9-12) (58.44 g) Cheesy Bread Stick w/ Marinara (Gr PK-8) (41.44 g) Crispy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Peanut Butter & Jelly Sandwich (68.52 g) Yogurt Basket with Cinnamon Pita Crisps (42.88 g) Baby Carrots (6.00 g) Baked Beans (40.11 g) Zucchini Sticks (1.00 g) Served With: - Ranch Dressing (2.34 g) Cantaloupe (5.10 g) Fresh Plum (11.42 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Chicken Caesar Salad (Gr 6-12) (21.72 g) Served With: - Fresh Baked Garlic Bread (22.94 g) Meat Lasagna (40.98 g) Served With: - Fresh Baked Garlic Bread (22.94 g) Peanut Butter & Jelly Sandwich (68.52 g) Spinach Lasagna (41.15 g) Served With: - Fresh Baked Garlic Bread (22.94 g) Baby Carrots (6.00 g) Garden Greens Salad (2.25 g) Served With: - Ranch Dressing (2.34 g) Steamed Green Beans (6.03 g) Honeydew Melon (16.91 g) Red Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g) Cheeseburger (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Crispy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Yogurt Basket with Fresh Baked Zucchini Muffin (57.51 g) Baby Carrots (6.00 g) Confetti Chickpea Salad (21.50 g) Sweet Potato Tots (34.63 g) Grapefruit Wedges (12.09 g) Green Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Vegetarian Egg Stir-Fried Rice (57.55 g) Baby Carrots (6.00 g) Chilled Peas (13.08 g) Soy Cucumber Salad (4.06 g) Cantaloupe (5.10 g) Fresh Plum (11.42 g) Red Grapes (18.95 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)
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18 Sep	19 Sep	20 Sep	21 Sep	22 Sep
Beef Tacos (2) (Gr 4-12) (14.93 g) Served With: - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) - Spanish Rice (Gr 9-12) (47.05 g) - Spanish Rice (Gr K-8) (23.53 g) - Taco Fixings (1.39 g) Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet	Black Jack Cheese Pizza (Gr 6-12) (44.00 g) Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g) Boneless Wings (Gr 9-12) (24.03 g) Served With: - BBQ Sauce (5.84 g) - Individual Ketchup Packet (2.50 g) - Southern Honey Biscuit (40.15 g)	Buffalo Chicken Salad (Gr 6-12) (15.36 g) Served With: - Biscuit (28.04 g) Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Country Chicken Bowl (HS) (40.50 g) Served With: - Biscuit (28.04 g) Country Chicken Bowl (K-Gr8) (30.36 g) Served With: - Biscuit (28.04 g)	Black Bean Burger (66.43 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet Black Jack Cheese Pizza (Gr 6-12) (44.00 g) Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g) Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g) Black Jack Sausage Pizza (Gr 6-12) (44.00 g)	'Bonzo Butter & Jelly Sandwich (Peanut Free) (65.54 g) Broccoli & Cheese Baby Baked Potatoes (29.28 g) Served With: - Biscuit (28.04 g) Chicken à la King (9.04 g) Served With: - Biscuit (28.04 g) Nashville Hot Boneless Wings (Gr 9-12) (21.75 g) Served With: - Biscuit (28.04 g) Peanut Butter & Jelly Sandwich (68.52 g) Spicy Chicken Salad (Gr 6-12) (32.64 g) Served With: - Biscuit (28.04 g) Baby Carrots (6.00 g)

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<p>Chorizo Crunchy Tacos (Gr 6-12) (14.92 g) Served With: - Salsa Verde (1.36 g) - Spanish Rice (Gr 9-12) (47.05 g) - Spanish Rice (Gr K-8) (23.53 g)</p> <p>Deeply Rooted Vegetarian Tacos (20.87 g) Served With: - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) - Spanish Rice (Gr 9-12) (47.05 g) - Spanish Rice (Gr K-8) (23.53 g) - Taco Fixings (1.39 g)</p> <p>Grilled Cheese Sandwich (34.05 g)</p> <p>Baby Carrots (6.00 g)</p> <p>Calabacitas Con Elote (10.02 g)</p> <p>Sweet Pepper Strips (3.83 g)</p> <p>Green Grapes (18.95 g)</p> <p>Honeydew Melon (16.91 g)</p> <p>Watermelon (16.63 g)</p> <p>1 % White Milk (13.00 g)</p> <p>Fat Free White Milk (13.00 g)</p> <p>Low Fat 1% Chocolate Milk (24.00 g)</p>	<p>Boneless Wings (Gr K-8) (15.02 g) Served With: - BBQ Sauce (5.84 g) - Individual Ketchup Packet (2.50 g) - Southern Honey Biscuit (40.15 g)</p> <p>Crispy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p> <p>Roasted Red Pepper Hummus Bowl With Spiced Pita Crisps (59.24 g)</p> <p>Yogurt Basket with Cinnamon Pita Crisps (42.88 g)</p> <p>Baby Carrots (6.00 g)</p> <p>Sweet Pepper Strips (3.83 g)</p> <p>Zucchini Sticks (1.00 g) Served With: - Ranch Dressing (2.34 g)</p> <p>Cantaloupe (5.10 g)</p> <p>Fresh Plum (11.42 g)</p> <p>Grapefruit Wedges (12.09 g)</p> <p>1 % White Milk (13.00 g)</p> <p>Fat Free White Milk (13.00 g)</p> <p>Low Fat 1% Chocolate Milk (24.00 g)</p>	<p>Grilled Cheese Sandwich (34.05 g)</p> <p>Yogurt Basket with Cinnamon Pita Crisps (42.88 g)</p> <p>Baby Carrots (6.00 g)</p> <p>Cherry Tomatoes (4.20 g)</p> <p>Honeydew Melon (16.91 g)</p> <p>Red Grapes (18.95 g)</p> <p>Watermelon (16.63 g)</p> <p>1 % White Milk (13.00 g)</p> <p>Fat Free White Milk (13.00 g)</p> <p>Low Fat 1% Chocolate Milk (24.00 g)</p>	<p>Crispy Chicken Sandwich (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p> <p>Spicy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p> <p>Yogurt Basket with Fresh Baked Zucchini Muffin (57.51 g)</p> <p>Baby Carrots (6.00 g)</p> <p>Seasoned Fries (21.74 g)</p> <p>Spicy Cilantro Cucumbers (3.86 g)</p> <p>Grapefruit Wedges (12.09 g)</p> <p>Green Grapes (18.95 g)</p> <p>Watermelon (16.63 g)</p> <p>1 % White Milk (13.00 g)</p> <p>Fat Free White Milk (13.00 g)</p> <p>Low Fat 1% Chocolate Milk (24.00 g)</p>	<p>Mashed Potatoes (12.78 g)</p> <p>Zucchini Sticks (1.00 g) Served With: - Ranch Dressing (2.34 g)</p> <p>Cantaloupe (5.10 g)</p> <p>Fresh Plum (11.42 g)</p> <p>Red Grapes (18.95 g)</p> <p>1 % White Milk (13.00 g)</p> <p>Fat Free White Milk (13.00 g)</p> <p>Low Fat 1% Chocolate Milk (24.00 g)</p>
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25 Sep	26 Sep	27 Sep	28 Sep	29 Sep
<p>'Bonzo Butter & Jelly Sandwich (Peanut Free) (65.54 g)</p> <p>Charro Beans (34.43 g) Served With: - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g)</p> <p>Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p> <p>Chicken Caliente (3.06 g) Served With: - Homemade Salsa (1.11 g) - Salsa Verde (1.36 g) - Spanish Rice (Gr 9-12) (47.05 g) - Spanish Rice (Gr K-8) (23.53 g)</p>	<p>Black Jack Cheese Pizza (Gr 6-12) (44.00 g)</p> <p>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g)</p> <p>Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g)</p> <p>Black Jack Sausage Pizza (Gr 6-12) (44.00 g)</p> <p>Boneless Wings (Gr 9-12) (24.03 g) Served With: - BBQ Sauce (5.84 g) - Individual Ketchup Packet (2.50 g) - Southern Honey Biscuit (40.15 g)</p> <p>Boneless Wings (Gr K-8) (15.02 g) Served With: - BBQ Sauce (5.84 g) - Individual Ketchup Packet (2.50 g) - Southern Honey Biscuit (40.15 g)</p>	<p>'Bonzo Butter & Jelly Sandwich (Peanut Free) (65.54 g)</p> <p>Cheeseburger (Gr 9-12) (29.58 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p> <p>Meatball Sub (Gr 6-12) (69.82 g)</p> <p>Peanut Butter & Jelly Sandwich (68.52 g)</p> <p>Spaghetti and Meatballs (51.25 g) Served With: - Parmesan Cheese</p> <p>Spaghetti with Deeply Rooted Vegetarian Sauce (48.07 g) Served With: - Parmesan Cheese</p>	<p>Baked Cheese Pocket (34.02 g)</p> <p>Baked Ham & Cheese Pocket (34.23 g)</p> <p>Black Jack Cheese Pizza (Gr 6-12) (44.00 g)</p> <p>Black Jack Green Pepper & Mushroom Pizza (Gr 6-12) (46.00 g)</p> <p>Black Jack Pepperoni Pizza (Gr 6-12) (44.00 g)</p> <p>Black Jack Sausage Pizza (Gr 6-12) (44.00 g)</p> <p>Spicy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet</p>	<p>Grilled Cheese Sandwich (34.05 g)</p> <p>Mandarin Orange Crispy Chicken Salad (Gr 6-12) (47.31 g)</p> <p>Nashville Hot Boneless Wings (Gr 9-12) (21.75 g) Served With: - Biscuit (28.04 g)</p> <p>Potstickers-Chicken & Vegetable (32.10 g)</p> <p>Vegetarian Egg Stir-Fried Rice (57.55 g)</p> <p>Baby Carrots (6.00 g)</p> <p>Soy Cucumber Salad (4.06 g)</p> <p>Steamed Green Beans (6.03 g)</p> <p>Cantaloupe (5.10 g)</p> <p>Fresh Plum (11.42 g)</p> <p>Red Grapes (18.95 g)</p> <p>1 % White Milk (13.00 g)</p>

Menu Calendar Report - September, 2023

Generated on: 8/28/2023 7:36:03 AM by Leonard Apodaca

Site: ALL
 Meal Type: Lunch
 Site Group: High School
 Menu Line: Traditional Lunch

This institution is an equal opportunity provider.

Mexican Chopped Salad (Gr 6-12) (62.44 g)	Crispy Chicken Sandwich (Gr 9-12) (37.42 g) Served With: - Burger Fixings (1.39 g) - Individual Ketchup Packet (2.50 g) - Individual Mayo Packet (1.00 g) - Individual Mustard Packet	Baby Carrots (6.00 g) Cherry Tomatoes (4.20 g) Garden Greens Salad (2.25 g) Served With: - Ranch Dressing (2.34 g) Honeydew Melon (16.91 g) Red Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Yogurt Basket with Fresh Baked Zucchini Muffin (57.51 g) Baby Carrots (6.00 g) Confetti Chickpea Salad (21.50 g) Sweet Potato Tots (34.63 g) Grapefruit Wedges (12.09 g) Green Grapes (18.95 g) Watermelon (16.63 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)	Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)
Peanut Butter & Jelly Sandwich (68.52 g)	Roasted Red Pepper Hummus Bowl With Spiced Pita Crisps (59.24 g) Yogurt Basket with Cinnamon Pita Crisps (42.88 g)			
Baby Carrots (6.00 g)	Baby Carrots (6.00 g) Sweet Pepper Strips (3.83 g) Zucchini Sticks (1.00 g) Served With: - Ranch Dressing (2.34 g) Cantaloupe (5.10 g) Fresh Plum (11.42 g) Grapefruit Wedges (12.09 g) 1 % White Milk (13.00 g) Fat Free White Milk (13.00 g) Low Fat 1% Chocolate Milk (24.00 g)			
Calabacitas Con Elote (10.02 g)				
Chilled Peas (13.08 g)				
Green Grapes (18.95 g)				
Honeydew Melon (16.91 g)				
Watermelon (16.63 g)				
1 % White Milk (13.00 g)				
Fat Free White Milk (13.00 g)				
Low Fat 1% Chocolate Milk (24.00 g)				

Carbohydrate values in grams follow the Menu Item name